



PRESENTS

PUBLIC
SPEAKING



TRAINING:

PUBLIC SPEAKING

A great presenter has two unique qualities, appropriate skills and personal confidence. This confidence comes from knowing what you want to say, and being comfortable with your communication skills. In this training, you will master the skills that will make you a better speaker and presenter. It's like preparing every detail of a party. You are prepared, and it's going to be a smashing success.

Ø **How will you benefit?**

- Identify ways to gain rapport with your audience
- Learn techniques to reduce nervousness and fear
- Recognize how visual aids can create impact and attention
- Develop techniques to create a professional presence
- Use practice techniques to really prepare

Ø **What will you cover?**

- The steps to effective planning
- Analyzing and organizing information
- Understanding your audience
- Using body language to your advantage
- Controlling the jitters
- Building a three-part plan
- Writing beginnings and endings

Ø **Who is the trainer?**

Drs. Shira Saraç-Essed is a psychologist with experience in the area of drug rehabilitation for adolescents and adults. She has worked for the 'Coördinatiebureau Drugsbestrijding'. She has a Masters degree in Clinical & Health Psychology from Leiden University.

Ø **Training dates:**

Meeting 1: April 14th, 2010
Meeting 2: April 21st, 2010
Meeting 3: April 28th, 2010
Meeting 4: May 5th, 2010

Time: 18.30-21.00

Price:

Afl. 710*,-/person

Location:

To be announced



Ø **Number of participants:**

To have effective participation from all participants, the training insists on a minimum of 8 participants and a maximum of 15 participants.

*Ask for our group discount.